

# The Seven Sacraments

# What is a Sacrament?

- Broad sense: The visible and invisible elements
- Specific sense: The stages we become close to God

# The Sacraments

1. Baptism
2. Confirmation
3. Holy Communion
4. Reconciliation
5. Ordination
6. Matrimony
7. Unction of the Sick

# Baptism

- The first sacrament
- The path to the other sacraments
- *“Go therefore and make disciples of all nations, baptizing them in the name of the Father and of the Son and of the Holy Spirit” (Mt 28:18-19)*



# Baptism

- *“Purge me with hyssop, and I shall be clean; wash me and I shall be whiter than snow.” (Ps 51:7)*
- Baptism leads to salvation
- *“He who believes and is baptized will be saved; but he who does not believe will be condemned” (Mk 16:16)*

# Confirmation

*“I will give you a new heart and put a new spirit within you; I will take the heart of stone out of your flesh and give you a heart of flesh. I will put My Spirit within you and cause you to walk in My statutes.” (Ezek 36:26-27)*

- Laying on of hands; now oil
- Receiving the Holy Spirit: our Father’s gift



# Holy Communion

- When we eat the body and blood of Christ
- Abiding in the Lord Jesus Christ
- The Last Supper



# Benefits of Communion

- Abiding in the Lord Jesus Christ
- Obtaining eternal life
- Growth and maintenance of our spiritual life
- Remission of sins
- Unification of believers



# Reconciliation

- *“Receive the Holy Spirit. If you forgive the sins of any, they are forgiven them; if you retain the sins of any, they are retained.” (Jn 20:22-23)*
- The confession and penance of our sins
- 4 Stages/Types
  - Confession to Self
  - Confession to God
  - Confession to Priest
  - Confession to one sinned against



# Ordination

- When one becomes a member of the clergy
- Holy Spirit descends upon the ordained
- Becomes a deacon, a priest, or a bishop
- Only the clergy can perform sacraments
- “Let the elders [priests] who rule well be counted worthy of double honor” (1 Tim 5:17),



# Matrimony

- The union between a man and a woman
- Meant to resemble the marriage between Jesus and the Church
- We are not meant to be alone
- *“It is not good that man should be alone; I will make him a helper comparable to him.” (Gen 2:18)*

# Rules of the Sacrament

- Monogamy
- Divorce only in cases of sexual immorality
- No marriage to non-believers



# Unction of the Sick

- *“Whatever city you enter, and they received you ... heal the sick who are there.”* (Lk 10:8-9)
- The healing of physical and psychological illnesses
- Only healed when God deems us to be

